

We are one of the few martial arts schools that provide Progress Reviews in written form for our students. We take this extra step to ensure that all parties involved in the student's progress are fully aware and in communication.

The road to black belt will have some bumps and it's our goal, through programs like this, to help you realize that those speed bumps are actually part of the black belt exam. By maintaining good communication, we'll overcome them together.

If you have any questions about this review or any other aspect of our school, please don't hesitate to set an appointment for a conference with an instructor.

How to Read This Review

Participation

1. Understands and follows the rules of our school

Self-discipline and control are important lessons in the martial arts. Obeying school rules is one way to reinforce those lessons.

2. Arrives on time to class

Punctuality is a important lifelong habit we want all of our students to respect and obtain.

3. Maintains steady attendance

Spotty attendance leads to poor performance. Poor performance undermines confidence.

4. Participates in school events

In our experience, students who

participate in school events tend to have more success in their martial arts training.

5. Is considerate and respectful of others

Respect and courtesy are the two other key tenets of the martial arts teaches.

Physical Development

1. Participates willingly in class drills and activities

To get the most of class you have to put the most into it.

2. Considers the safety of self and others

Being a good student who looks out for the well-being of your training partner is a sign of self-worth and courtesy.

3. Demonstrates appropriate skill level for rank and age

As the student advances in rank, we expect his or her technical skills to improve as well. Rank is not a reward for showing up. It's reflects mental and physical improvements.

Ratings Guide

1 – Exceeds expectations

This is the goal we would like all of our students to aspire to.

2 – Meets expectations

Good, but exceeding expectations is the standard that leads to excellence in life.

3 – Not yet within expectations

Extra practice and/or private lessons are suggested.

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1 2 3

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Physical Development

1. Participates willingly in class

1 2 3

2. Considers the safety of self and others

1 2 3

3. Demonstrates appropriate skill level for rank and age

1 2 3

Comments

Student Progress Review

Student Name _____

Student Rank _____

Reviewed By _____

Date Reviewed _____

